

HUMAN INTELLIGENCE FOR PERFORMANCE SPECIALIST & TEAM COACH



Harri Demetrios

Harri has over 20 years of experience in leadership development, team coaching, and organisational change. Specialising in occupational psychology and culture transformation, she has helped companies across diverse industries build high-performing teams and create workplaces where people thrive.

Her work spans professional services, high-performance environments, and corporate leadership, always focusing on driving meaningful and lasting change. With extensive experience in designing and facilitating programmes, Harri creates dynamic learning experiences that build self-awareness, improve collaboration, and develop the skills needed to navigate change effectively.

Her career has taken her across Europe, partnering with organisations on leadership growth, team effectiveness, and cultural transformation. She has led projects ranging from leadership coaching to large-scale culture change, always aiming to empower individuals and teams to succeed. Passionate about unlocking potential, Harri challenges perspectives, asks the right questions, and helps people and businesses thrive in an evolving world.

Client View

"Harri delivered an engaging and insightful session that resonated with our team, blending practical insights with an inclusive approach. She created a space for meaningful conversations, helping us explore what high-performing teams look like in our organisation. Harri then followed up with a tailored leadership session, providing practical strategies we could apply immediately. Her expertise, energy, and ability to challenge thinking constructively made a real impact."

Impact from a recent programme

- Designed, piloted, and continue to deliver a national leadership development program within the infrastructure sector, supporting emerging and senior leaders in shaping the future of the industry.
- Worked with a global financial services organisation to strengthen leadership agility, helping senior teams navigate complex regulatory changes and drive cultural transformation.
- Supported leaders within a multinational tobacco company to develop new approaches to team engagement and leadership effectiveness in a rapidly evolving industry landscape.

Proud to work with senior teams in

- Philip Morris International
- WR Partners
- National Highways
- PepsiCo
- Muller
- Sky
- Eurostar

Qualifications

- MSc in Occupational Psychology
- Accredited in use of Lumina Spark, Hogan HDI, MVPI, HDS, OPQ, Strengthscope, Wave, MBTI Step 1 & 2, LJI