



TEAM COACH PROFILE

Mark Hopkins Senior Team Coach

Mark supports individuals and teams by helping them identify their goals and guiding them in achieving them, drawing on over 25 years of experience. He is deeply committed to helping businesses and leaders find the right path and maintain it, emphasising the importance of creating environments that foster success and highlighting the human side of leadership.

Mark's experience is vast, spanning global talent programs for leading insurance groups, consulting within financial services, building businesses, and coaching hockey teams at prestigious events like the World Cup and Commonwealth Games. This breadth of expertise provides him with a wealth of knowledge and insights into performance, legacy and leadership.

Mark is passionate about empowering senior leaders to shape environments that foster high-performance while maintaining and respecting personal boundaries and encouraging a healthy home-work balance.

Outside of his professional life, he has taken on diverse adventures, from multi-day hikes and cycling across Spain to sailing into Cape Town and traveling the globe, with stories from over forty countries. He is also the author of four books, reflecting his deep commitment to sharing his experiences and insights.

Proud to work with senior teams in

- MARS
- Sanofi
- London Transport Police
- Barclays
- Welsh Hockey Union
- Prudential Group
- Liberty
- CHEP

Qualifications

- MSc in Sports Psychology
- IRIS Trained Interviewer

Client View

"Mark's passion is to help people increase their performance, become a better version of themselves. It has been a blessing having his mind and skills at my disposal, he has been that amazing soundboard for me.."

Impact from a recent programme

- Supported the Board of a global FMCG business and met their objectives for return on investment
- Created a step change in inspiring the workforce through an initiative with the Board which saw ownership for project successes being shared
- Enabled the global community to connect on a personal level, exchange insights on successful strategies within their respective markets, driving a unified global approach