



TEAM COACH PROFILE

Rachel Jackson Senior Team Coach

Rachel supports individuals and organisations in driving transformative change through enhanced communication. With over 20 years of experience as a consultant and coach, she excels at guiding clients through complex challenges and clarifying their goals.

She began her career with the HayGroup in 2001 and has worked independently since 2008, impacting a wide range of sectors, from small UK-based charities to multinational corporations. Her work has taken her across Europe, the US, and Asia, where she has been instrumental in implementing and driving significant change.

Rachel's expertise lies in her deep understanding of human behaviour and organisational dynamics. She empowers individuals and teams to define what high-performance looks like, understand the core of their work, and sustain achievement over time.

Rachel is known for her humour, integrity, and curiosity. Rachel is also an adventurer at heart. She enjoys bouldering, taking on outdoor athletics, and exploring the great outdoors.

Proud to work with senior teams in

- MARS
- Sanofi
- Insight Technology
- The Hilton
- Philips
- Carlsberg
- Air Ambulance

Qualifications

- PCC accredited coach with International Coaching Federation
- Bachelors in Psychology
- NLP Master Practitioner and Coach

Client View

"Rachel is highly expert in the field of organisational development, EI and motives analysis - with great technical mastery of her subject and high personal integrity. I have found her to be a great coach personally and she has had a terrific impact on my organisation!"

Impact

Success measures from recent sessions with global businesses.

- Supported a global FMCG client team to shift their mindset, influence and impact as a business team - moving their reputation from underperforming to high performance
- Coached a business leader from a poor work life balance and over-stressed way of working to consistently prioritising his wellbeing - enabling better decision-making and leadership with his team
- Challenged a global team in highly complex change to lean into more intentional collaborative working and deeper interpersonal connection for better impact and alignment