

# Harriet Evans

Team Coach



**“For me, writing in my journal is a great way to be present in my thoughts and intentional in my actions. Enabling me to show up for myself and others in a way that is authentic to my core values.”**

"With 20 years of experience helping organisations maximize the potential of their people, I draw on a unique combination of expertise gained from competing as an international athlete, designing and delivering talent systems that have won Olympic Gold Medals, developing top talent at FTSE 100 companies, and collaborating with leaders to identify and leverage transferable success factors from high-performance environments to deliver tangible results.

**As the Talent and Development Manager for British Cycling, I was responsible for the design, implementation, and review of talent systems that led to gold medals at Rio 2016 and Tokyo 2021.**

I now have 10 years of experience as a learning and development consultant, designing content, facilitating leadership groups globally across industries, and developing lasting relationships with diverse groups."

## Client View

*"Harriet has an amazing instinct for what the burning issue is, even when I am not forthcoming with the issue or in most cases, wasn't even aware myself what the cause of the issue was. Her relaxed approach means that every session is enjoyable, and I get so much out of the time, rather than feel like I am in an artificial, HR-type process."*

## Colleague View

*"Harriet has a refreshing honesty that increases trust because it is so utterly authentic. What you see is what you get! She provides a good level of support for colleagues, is not afraid to ask for help and certainly not afraid of challenging in all directions, which is most definitely an attribute."*

## Qualifications

- ICF Accredited coach
- BSc (Hons) and MSc in Applied Sport & Exercise Science
- Insights Discovery Accredited Facilitator

[Watch Harriet's introduction video here](#)