

# Kate Clarke

Team Coach and Human Intelligence for Performance specialist



"I love it when you see a lightbulb moment in a team or an individual, that moment of realisation about what is holding them back. My passion is helping teams and leaders get to a place where they have a true understanding of their own strengths and how best to leverage those strengths with the ones of those around them. I am passionate about supporting leaders to create teams who have high trust, high self-awareness and a strong sense of purpose.

**I think this requires deep diagnostic expertise and I am well known for tipping my head and saying, 'tell me more about that!' I believe every situation we come across as Team Coaches requires a bespoke solution, there is no one size fits all and I will work to find you a solution that has the most impact for you.**

I naturally provide the challenge to consider the impact of decisions on the end goal. I live in the beautiful town of Warwick with my husband Tom, tween daughter Georgie, our beloved Peloton bike (and Tread!) and Hercules Clarke AKA 'the naughtiest cat in the world!'"

## Client View

*"Kate excels in creating the visions and strategies needed to transform and build high-performing teams and will then also be there alongside you during the whole journey to roll it out and bring it all to life. She's genuinely worth her weight in gold."*

## Colleague View

*"Kate worked hard to understand our business when she first arrived. With this insight she was able to quickly identify requirements, pull a plan of action together and add value. Kate is fun, energetic and aligns teams behind a shared goal. Kate manages to combine a personable coaching style with a commercial edge, delivering maximum impact for both the individual and the business"*

## Qualifications

- Organisational Development Practitioner: Roffey Park Institute
- Fellow of the Institute of Leadership & Management
- Licensed practitioner in Lumina Spark

**"The item that represents high-performance to me is a book called 'The Chimp Paradox.' In this book, Professor Steve Peters reveals: "Your chimp can make you feel overwhelmed and anxious, but you have the power to calm it down." High-performance is born from self-understanding and the ability to harness the power of our mind, natural strengths, and motivations."**

[Watch Kate's introduction video here](#)