

Nigel Rothband

Team Coach



“Team sport is something I've always enjoyed as opposed to individual competitions. In cricket, the fascinating interplay between individual's skills and the team dynamic is what drives me towards peak performance.”

“I joined Leading Edge Performance as a Team Coach in 2016 after leading teams and running retail businesses in the UK. My career began at BHS, then Burton Group/Arcadia Group, where I held various positions, including Area Manager, Head of Marketing at Top Shop, General Manager of Top Shop Oxford Circus, and Retail Director overseeing a £300m business.

After three years as Retail Managing Director at The Body Shop, working with Dame Anita Roddick, I transitioned to supporting charities and social enterprises as COO, Chief Executive, and Chair.

I chaired The ELLA Foundation for five years, coaching and mentoring charity chief executives, and currently chair Sing Inside, which brings singing workshops into prisons.

I love leading, developing, and facilitating teams, managing change, and I'm passionate about coaching and speaking. I describe myself as a champion of people engagement.”

Client View

“It was a pleasure working with Nigel he was inspirational and motivational. It is not easy to work with a mixed group of people across Europe, not only due to the language barrier, but also because of the cultural differences between each Country. Nigel managed to bridge the gap and found common ground. I would be delighted to work with him in the future.”

Colleague View

“I love Nigel's energy and curiosity for knowledge and to better understand people. He always makes time for everyone, and he is very skilful at flipping from crazily funny to ultra-challenging. He works really hard at building trust with the teams that he supporting and that affords him to get ‘under the bonnet’.

He is a skilful coach who uses his strong noticing skills to quickly assess the support that is going to be most helpful to help the teams thrive. I love being in Nigel's company as I'm always learning from him.”

Qualifications

- Trustee and Chair of the charity Sing Inside
- Insights Discovery Practitioner

[Watch Nigel's introduction video here](#)