

TEAM COACH PROFILE



Proud to work with senior teams in

- › MARS
- › Levis
- › Opella
- › Women Sports Leadership Academy
- › Wickes
- › Royal Canin
- › Pepsico

Qualifications

- › ACC ICF Coaching
- › Insights Discovery
- › Lego Serious Play Facilitator
- › Positive Psychology Certificate
- › Neuro Linguistic Practitioner

Tina Dullaghan

Team Coach

After 20 years in the corporate environment, both in sales and as a learning and development consultant. Tina partners with senior leadership teams to navigate organisational change, foster effective leadership, and cultivate high-performing teams.

Her approach is to leverage evidence-based methodologies, drawing on both academic research and her own extensive experience in driving successful team dynamics.

This blend of theoretical understanding and practical application enables her to tailor interventions to the specific needs and challenges of each team, promoting growth and transformation.

Tina tends to focus on equipping leaders with the tools and strategies to lead through change, mentor and inspire their teams, and ultimately achieve remarkable results.

Tina has always had a keen interest in sport, both playing, coaching, and managing. Although no longer active as a player, she channels her passion for the sport by coaching and managing elite teams at Wimbledon Hockey Club.

Client View

"Tina is a fantastic learning partner. Her energy and passion bring workshops to life and ensure that everyone in the room is present and engaged. Tina's experience makes her a great sounding board for new projects and events."

Impact from a recent programme

- › A development of effective leadership capabilities, allowing senior leaders to guide their teams through strategic shifts and organisational challenges more confidently
- › Enhanced team cohesion and productivity, leading to improved team outcomes and increased efficiency.
- › Increased employee engagement and commitment as the atmosphere fosters a collaborative and supportive environment where individuals feel empowered to contribute their best work.