



**"I'm thrilled to be part of LEADING EDGE PERFORMANCE after seeing first hand the incredible and positive impact they have on teams in both sports and business. This role is a perfect one for me to balance alongside my playing and coaching commitments"**

## ACCOUNT MANAGER & PERFORMANCE ADVISER

### Tommy Taylor

After 15 years as a professional rugby player, Tommy Taylor brings a wealth of personal experience and transferable high-performance insights into LEADING EDGE PERFORMANCE.

His role as **Account Manager & Performance Adviser** gives him an unparalleled opportunity to connect with leaders and decision makers who are seeking performance gains for themselves and their own organisations, and to bring to life the unique and tailored support that LEADING EDGE PERFORMANCE offers.

Tommy's professional rugby career with Sale Sharks, Wasps and for England Rugby, has seen him travel the world, playing in high pressure contexts and being an influential leader in numerous performance environments. As Captain at Sale Sharks and at Wasps, Tommy developed a keen interest in how high-performance environments are created, maintained, and improved. He believes that at the heart of high-performance is a determined focus on both wellbeing and performance – at the same time!

Beyond playing, Tommy has spent two years coaching national league rugby, gaining promotion in both seasons. Coaching in these environments has seen Tommy further develop his own understanding of leadership and in-depth knowledge of the characteristics required to support teams and help them achieve their goals.

### Qualifications & Credentials

- BA (Hons) Leadership and Management
- Level 2 Rugby Coaching

### Tommy's Playing Career

- 108 appearances for Sale Sharks
- 94 for Wasps
- 1<sup>st</sup> capped for England in 2016
- Unbeaten England Saxons tour of South Africa (2016)



[Get to know Tommy more here](#)

